



**I THIRST**

**for you**

A chaplet arranged by  
**Dcn Ryan Sales** based on the  
“I thirst for you” meditation  
written by **Father Joseph Langford MC**  
and inspired by **Mother Teresa**.

## BACKGROUND OF THIS PRAYER

**S**t. Teresa of Calcutta gifted the world with her witness to Jesus Christ's thirst for the salvation of souls. She wrote "We have these words in every chapel of the MCs to remind us what an MC is here for: to quench the thirst of Jesus for souls, for love, for kindness, for compassion, for delicate love." Co-founding the Missionaries of Charity Fathers, Fr. Joseph Langford, MC was intimately familiar with Mother Teresa's spirituality. In 1986, he wrote "I thirst for you", a meditation on the thirst of Jesus that is at the heart of the Missionaries of Charity.

## ADAPTATION

**T**he chaplet is an excellent prayer form to facilitate meditation. The repetition of parts of the prayer allows the message to work its way from our head to our heart. Fr. Langford's prayer challenges us to see ourselves through the eyes of Jesus Christ. In our woundedness, this is often difficult. By praying each decade, our Lord's words become louder and louder, and it becomes more difficult to disregard His words. The contents of this chaplet are Fr. Lanford's. Deacon Ryan has re-arranged them, grouping them into 5 decades, with only minor modifications to re-establish coherence in this new form. Written by Fr. Langford, inspired by Mother Teresa, arranged by Deacon Ryan Sales, one who prays this chaplet will be certain the voice speaking is Jesus Himself.



## FORMAT

The chaplet follows a pattern similar to the rosary. As is our custom, the prayer starts with the Sign of the Cross. The Prayer to St. Teresa of Calcutta is prayed on the first large bead, followed by the three “Do you thirst for love?” prayers. Each decade is announced on the large decade bead, followed by the meditation. The “I thirst for you...” prayer is then repeated 10 times. The next decade is started immediately after the last “I thirst for you...” prayer. The closing prayer is recited followed by the Sign of the Cross.

The “Our Father”, “Glory Be” can be added as desired. The decades can be shortened to 3, 5, or 7 repetitions. The second half of each prayer is indented to facilitate a prayer/response style when praying in a group.



# I THIRST for you

Sign of the Cross

**S**aint Teresa of Calcutta, you allowed the thirsting love of Jesus on the Cross to become a living flame within you, and so became the light of His love to all. Teach us to allow Jesus to penetrate and possess our whole being so completely that our life, too, may radiate His light and love to others. Amen.

Do you thirst for love?

“Come to Me all you who thirst”. I will satisfy you and fill you.

Do you thirst for love?

“Jesus is God, therefore His Love and His Thirst are infinite. He, the Creator of the universe, asked for the love of his creatures. He has thirst for our love.

Do you thirst for love?

A love in each detail, so grand like the love I have received from My Father. “I have loved all of you as the Father has loved me...”

The 1<sup>st</sup> Decade – I stand at the door calling to you.

**I**t is true. I stand at the door of your heart, day and night. Even when you are not listening, even when you doubt it could be Me, I am



there: waiting for even the smallest signal of your response, even the smallest suggestion of an invitation that will permit Me to enter.

I want you to know that each time you invite Me, I do come always, without fail. Silent and invisible I come, yet with a power and a love most infinite, bringing the many gifts of My Spirit. I come with My mercy, with My desire to forgive and heal you, with a love for you that goes beyond your comprehension.

You don't need to change to believe in My love, for it will be your confidence in that love that will make you change. You forget Me, and yet I am seeking you every moment of the day – standing before the doors of your heart and calling “Open to Me, for I thirst for you”.

## I THIRST FOR YOU.

Yes, that is the only way to even begin to describe My love for you.

x10

The 2<sup>nd</sup> Decade – I love you for you.

**W**hen you finally open the doors of your heart and you finally come close enough, you will then hear Me say again and again, not in mere human words but in spirit: “No matter what you have done, I love you for your own sake. Come to Me with your misery and your sins, with your problems and needs, and with all your desire to be loved.

I know you like the palm of my hand. I know everything about you. Even the hairs of your head I have counted. Nothing in your life is unimportant to Me. I know what is in your heart, I know your loneliness and all your wounds, the rejections, the judgments, the humiliations, I carried it all before you. And I carried it all for you, so you could share My strength and My victory. I know, above all, your need for love, how much you are thirsting for love and tenderness.



I tell you again that I love you, not for what you have or ceased to do, I love you for you, for the beauty and the dignity My Father gave you by creating you in His own image. It is a dignity you have often forgotten, a beauty you have tarnished by sin. But I love you as you are, and I have shed My Blood to rescue you. If you only ask Me with faith, My grace will touch all that needs changing in your life: I will give you the strength to free yourself from sin and from all its destructive power.

I love you more than you can imagine...to the point of dying on a cross for you.

## I THIRST FOR YOU.

You must never doubt My mercy, My desire to forgive, My longing to bless you and live My life in you, and that I accept you no matter what you have done.

x10

The 3<sup>rd</sup> Decade - I long to console you.

**I** have followed you through the years and I have always loved you even when you have strayed. I know every one of your problems. I know your needs and your worries and yes, I know all your sins. How many times have you desired to satisfy your thirst in vain, seeking love with selfishness, trying to fill the void within you with passing pleasures, with the even greater emptiness of sin.

Come to Me without delay because, when you give Me your sins, you give Me the joy of being your Savior. There is nothing I cannot forgive and heal; so come now, and unburden your soul. I come longing to console you and give you strength, to lift you up and bind all your wounds. I bring you My light, to dispel your darkness and all your doubts. I come with My power, that allows me to carry you: with My



grace, to touch your heart and transform your life. I come with My peace, to calm your soul.

No matter how far you have strayed without a destination, no matter how often you have forgotten Me, no matter how many crosses you bear in this life; I want you to Always remember, one thing that will never change. I thirst for you – just you, as you are.

## I THIRST FOR YOU.

I thirst to love you and to be loved by you. So precious are you to Me. Come to Me, and I will fill your heart and heal your wounds. I will make you a new creation and give you peace even in your trials.

x10

The 4<sup>th</sup> Decade – I will do the rest.

**D**on't you realize that My Father already has a perfect plan to transform your life, beginning from this moment? Trust in Me. Ask Me every day to enter and take charge of your life and I will. I promise you before My Father in Heaven that I will work miracles in your life.

All I ask of you is that you entrust yourself to Me completely. I will do all the rest. From this moment, now, I behold the place My Father has prepared for you in My Kingdom. Remember that you are a pilgrim in this life traveling back home. Sin can never satisfy you, or bring the peace you seek. All that you have sought outside of Me has only left you more empty, so do not tie yourself to the things of this world; above all, do not run from Me when you fall. Why would I do this? Because I thirst for you.



## I THIRST FOR YOU.

Open up to Me, come to Me, thirst for Me, give me your life. I will prove to you how important you are for My Heart.

x10

The 5<sup>th</sup> Decade – I died for you.

**D**o you find this difficult to believe? If so, look at the Cross, look at My Heart that was pierced for you.

Have you not understood My Cross? Then listen again to the words I spoke there, for they tell you clearly why I endured all this for you: “I thirst”. Yes, I thirst for you. All your life I have been desiring your love. I’ve never ceased searching for your love and longing to be loved by you in return. You have tried many things in your goal to be happy. Why not try opening up for Me your heart, right now, more than you ever have before?

## I THIRST FOR YOU.

If you feel of little value before the eyes of the world, it doesn’t matter. There is no one that interests me in the whole world more than you.

x10

**J**esus is God, therefore His Love and His Thirst are infinite. He, the Creator of the universe, asked for the love of his creatures. He has thirst for our love. These words: “I THIRST” ... Do they echo in our soul?

Sign of the Cross





## ACKNOWLEDGEMENTS

**P**lease share this chaplet. However, to ensure proper attribution, please ensure that the authorship of the original meditation is attributed to Fr. Joseph Langford, MC and that the arrangement into chaplet form was conducted by Deacon Ryan Sales. It is Fr. Joseph's *fiat*, his yes to the prompting of the Holy Spirit, that has given us the gift of this meditation.

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And finally, we thank St. Teresa of Calcutta and pray for her intercession. Sancta Teresia (de Calcutta), ora pro nobis!

